

Sex and Relationship Education (SRE) Objective Progression

Christleton Primary School



	Year One	Year Two	Year Three	Year Four	Year Five	Year Six
<i>Context For Learning</i>	<i>Where My Feet Take Me</i>	<i>Soaring</i>	<i>A Wave of Change</i>	<i>That's Entertainment</i>	<i>Fear and Triumph</i>	<i>Conflict and Resolution</i>
	<i>On Safari</i>	<i>Up In Flames</i>	<i>Hidden Depths</i>	<i>Blast from the Past</i>	<i>Heroes and Villains</i>	<i>Past, Present Future</i>
	<i>Blast Off!</i>	<i>The Tree of Life</i>	<i>Voyage of Discovery</i>	<i>Walk on the Wild side</i>	<i>One World</i>	<i>Hopes and Dreams</i>

Reception	Year One	Year Two	Year Three	Year Four	Year Five	Year Six
<p>To consider the routines and patterns of a typical day</p> <p>Understand some areas in which the children can look after themselves e.g. dressing and undressing</p>	<p>To understand some basic hygiene principles</p> <p>Know how to keep clean and look after oneself</p>	<p>To introduce the concept of male and female and gender stereotypes</p> <p>To identify differences between males and females</p> <p>Understand that some people have fixed ideas about what boys and girls can do</p> <p>Describe the difference between male and female babies</p>	<p>To explore the differences between males and females and to name the body parts</p> <p>Know some differences and similarities between males and females</p> <p>Name male and female body parts using agreed words</p>	<p>To explore the human lifecycle</p> <p>Describe the main stages of the human lifecycle</p> <p>Describe the body changes that happen when a child grows up</p>	<p>To explore the emotional and physical changes occurring in puberty</p> <p>Explain the main physical and emotional changes that happen during puberty</p> <p>Ask questions about puberty with confidence</p>	<p>To consider puberty and reproduction</p> <p>Describe how and why the body changes during puberty in preparation for reproduction</p> <p>Talk about puberty and reproduction with confidence</p>
<p>To understand why hygiene is important</p> <p>Explain why it is important to keep clean</p> <p>Understand some basic hygiene routines</p>	<p>To introduce the concept of growing and changing</p> <p>Understand that babies become children and then adults</p> <p>Know the differences between boy and girl babies</p>	<p>To explore some of the differences between males and females and to understand how this is part of the lifecycle</p> <p>Describe some differences between male and female animals</p> <p>Understand that making a new life needs a male and a female</p>	<p>To consider touch and to know that a person has the right to say what they like and dislike</p> <p>Identify different types of touch that people like and do not like</p> <p>Understand personal space Talk about ways of dealing with unwanted touch</p>	<p>To identify some basic facts about puberty</p> <p>Discuss male and female body parts using agreed words</p> <p>Know some of the changes which happen to the body during puberty</p>	<p>To understand male and female puberty changes in more detail</p> <p>Understand how puberty affects the reproductive organs</p> <p>Describe how to manage physical and emotional changes</p>	<p>Consider physical & emotional behaviour in relationships</p> <p>Discuss different types of adult relationships with confidence</p> <p>Know what form of touching is appropriate</p>

<p>To recognise that all families are different</p> <p>Identify different members of the family</p> <p>Understand how members of a family can help each other</p>	<p>To explore different types of families and who to ask for help</p> <p>Know there are different types of families</p> <p>Know which people we can ask for help</p>	<p>To focus on sexual difference and name body parts</p> <p>Describe the physical differences between males and females</p> <p>Name the male and female body parts</p>	<p>To explore different types of families and who to go to for help and support</p> <p>Understand that all families are different and have different family members</p> <p>Identify who to go to for help and support</p>	<p>To explore how puberty is linked to reproduction</p> <p>Know about the physical and emotional changes that happen in puberty</p> <p>Understand that children change into adults so that they are able to reproduce</p>	<p>To explore the impact of puberty on the body and the importance of physical hygiene</p> <p>To explore ways to get support during puberty</p> <p>Explain how to stay clean during puberty</p> <p>Describe how emotions change during puberty</p> <p>Know how to get help and support during puberty</p>	<p>To explore the process of conception and pregnancy</p> <p>Describe the decisions that have to be made before having a baby</p> <p>Know some basic facts about pregnancy and conception</p>
						<p>To explore positive and negative ways of communicating in a relationship</p> <p>To have considered when it is appropriate to share personal/private information in a relationship</p> <p>To know how and where to get support if an online relationship goes wrong</p>

