



Christleton Primary School
Be the best you can be

**Sex and Relationship
Education Policy**

Document name		Author	
Sex and Relationship Education Policy		Mr Mitchell	
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Signed Head teacher			
Signed Chair of Governors			

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Christleton Primary School SRE Policy

Introduction/Aims:

- At Christleton Primary we provide opportunities for pupils to develop the skills, knowledge and understanding they need to lead confident, healthy lives and become informed and active citizens. Sex and relationship education (SRE) reflects the values of the PSHCE programme and is taught in the context of relationships. In addition SRE promotes self-esteem and emotional health and well being, helping pupils form and maintain worthwhile and satisfying relationships that are based on respect for themselves and for others, at home, school and in the community.
- Every child is entitled to receive SRE regardless of ethnicity, gender, religion, age, culture, disability, sexuality, language, or special need. It is our intention all children have the opportunity to experience a programme of SRE at a level which is appropriate for their age and physical development with differentiated provision if required.

Objectives:

- To provide the knowledge and information to which all pupils are entitled
- To clarify/reinforce existing knowledge
- To raise pupils self esteem and confidence, especially in their relationships with others
- To help pupils understand how to develop effective, fulfilling relationships
- To help pupils develop skills (language, decision making, choice, assertiveness) and make the most of their abilities
- To provide the confidence to be participating members of society and to value themselves and others
- To help gain access to information and support
- To develop skills for a healthier, safer lifestyle
- To respect and care for their bodies
- To be prepared for puberty and adulthood

The teaching programme for Sex and Relationship Education

Legal requirements:

All schools must teach the following as part of the National Curriculum Science Orders, parents do not have the right to withdraw their child/children from these aspects.

National Curriculum Science:

Key Stage 1

1. b) that animals including humans, move, feed, grow, and use their senses and reproduce.
2. a) to recognise and compare the main external parts of the bodies of humans

f) that humans and animals can reproduce offspring and these grow into adults.
3. a) to recognise similarities and differences between themselves and others and treat others with sensitivity.

Key Stage 2

1. a) that the life processes common to humans and other animals include nutrition, growth and reproduction.
2. f) about the main stages of the human life cycle.

Foundation:

Pupils learn about the concept of male and female and about young animals. In ongoing PSHCE work, they develop skills to form friendships and think about relationships with others.

Key Stage 1:

Through work in science pupils learn about life cycles of some animals, understand the idea of growing from young to old and learn that all living things reproduce. They learn about the importance of personal hygiene to maintain good health. In RE and PSHCE pupils reflect on family relationships, different family groups and friendship. They learn about rituals and traditions associated with birth, marriage and death and talk about the emotions involved.

They begin to co-operate with others in work and play and begin to recognise the range of human emotions and ways to deal with them. They also learn about personal safety.

Key Stage 2:

In science children build on their knowledge of life cycles and learn about the basic biology of human reproduction including birth of a baby in Years 5 and 6.

Also in Years 5 and 6 children are taught about the physical, emotional and social changes at puberty, which include personal hygiene. In RE and PSHCE, they continue to develop an understanding of relationships within a family, between friends and the community and that there are different patterns of friendship. They will develop skills needed to form relationships and to respect other people's emotions and feelings. They will consider how to make simple choices and exercise some basic techniques for resisting pressures.

Sex and relationship education focuses on the development of skills and attitudes not just the acquisition of knowledge.

The organisation of Sex and Relationship Education

The Senior Leadership Team and the PSHCE Leader have responsibility for coordinating sex and relationship education.

Sex and relationship education is taught by classroom teachers throughout the school. Predominately teachers use the 'Teaching SRE with confidence in primary schools' material to plan and deliver inclusive, age appropriate material which also contains a focus on safeguarding and keeping children safe. Sex and relationship education is usually delivered in mixed gender groups. In some of the Year 5 and 6 sessions pupils are taught in single sex groups where relevant and appropriate.

Sex and relationship education is taught using learning activities such as group work, role play and discussions, making links with other subject areas as outlined above.

Parental Consultation:

The school informs parents when aspects of the sex and relationship programme are taught and provides opportunities for parents to view the resources being used.

Parents have the right to withdraw their children from those aspects of sex and relationship education not included in the National Curriculum Science Orders; in our experience this is very rare and should this happen alternative work will be set.

Dealing with difficult questions

Ground rules are set to provide an agreed structure to answering sensitive or difficult questions. Teachers will endeavour to answer questions as honestly as possible but if faced with a question they do not feel comfortable answering within the classroom, provision will be made to meet the individual child's needs.

Child Protection

Any concern will be followed up using child protection procedures.

Use of visitors

"Visitors should complement but never substitute or replace planned provision. It is the PSHCE co-ordinator's and teacher's responsibility to plan the curriculum and lessons."

Sex and Relationship Guidance DfE 116/2000 P 29 6.11

When appropriate, visitors such as the school nurse may be involved in the delivery of sex and relationship education, particularly in Key Stage 2.

Children with Special Educational Needs

Teaching and resources will be differentiated as appropriate to address the needs of these children in order for them to have full access to the content of sex and relationship education.

Monitoring and Evaluation

Monitoring is the responsibility of Senior Leadership Team and the PSHCE Leader. The effectiveness of the SRE programme will be evaluated by assessing children's learning and implementing change if required.

Links with other policies

- PSHCE
- Equal Opportunities
- Child Protection
- Confidentiality
- Behaviour